

# Diabetes Community Action Coalition, Inc. (DCAC)

## Membership Form

**Our mission: To improve the health, function, and quality of life of Fulton and DeKalb county residents living with, at risk for, or affected by diabetes.**

Please check the appropriate boxes:

I want to receive the Coalition’s Monthly Newsletter. (Provide an email address below.)

I am interested in contributing to the work of the Coalition in the following areas. See section below for specific opportunities:  Type 2 Diabetes Prevention  Living Well with Diabetes  Access to Health Care

Name: \_\_\_\_\_ Today’s Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

County: \_\_\_\_\_ Name of Organization (if applicable): \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Community Outreach Opportunities	I want to learn more	I am ready to get started!
<p><b>Type 2 Diabetes Prevention:</b></p> <ul style="list-style-type: none"> <li>✓ Conducting a diabetes prevention workshop using the National Diabetes Education Program (NDEP) <i>Road to Health Toolkit</i>.</li> <li>✓ Ordering 10 free copies of <i>More Than 50 Ways to Prevent Type 2 Diabetes</i> to restock DCAC’s supply. See: <a href="https://catalog.niddk.nih.gov/detail.cfm?ID=534">https://catalog.niddk.nih.gov/detail.cfm?ID=534</a>.</li> </ul>		
<p><b>Living Well with Diabetes:</b></p> <ul style="list-style-type: none"> <li>✓ Leading a group discussion on managing the emotional side of living with diabetes after showing the 30-minute film, “The Debilitator.” DVD will be provided.</li> <li>✓ Learning how to support others to adopt a positive lifestyle to prevent diabetes and its complications. Community Health Worker Training is free with the Morehouse School of Medicine’s <a href="#">iADAPT 2.0 Project</a>.</li> </ul>		
<p><b>Increasing Access to Health Care:</b></p> <ul style="list-style-type: none"> <li>✓ Distributing DCAC handouts related to finding health care when uninsured, transitioning to Medicare, and saving money on prescription drugs and diabetes supplies.</li> </ul>		

➔ **Mail completed form to: Diabetes Community Action Coalition, P.O. Box 90991, Atlanta, GA 30364.**

Please share your interests and ideas with DCAC Co-Chairs, Vicki Karnes and Dr. Glenda Knight,  
by calling **740-807-1054** or by e-mail to: [dcacfulton@gmail.com](mailto:dcacfulton@gmail.com).